

PARYUSHANA PARVA 2013 – Sept 2 to Sept 9, 2013

Under Spiritual guidance of Samani Unnata Pragyaji & Samani Ramaniya Pragyaji

DATE	TIME	ACTIVITY
MONDAY 2 Sept 2013 LABOR DAY Sāmāyik: Practice equanimity	9:00AM – 10:30AM	Mulnaik Mahavirswami Pakshal Chandan Puja followed by Chaitaya Vandan
	11:00AM – 12:30PM	Discourse on Life of Bhagawan Mahavir based on Kalpasutra by Samani Unnata Pragyaji. Uvasaggahar stotra by Samani Ramaniya Pragyaji
	12.30PM-12.45PM	Temple announcements, Arti, Mangal Devo, Mangalik
	1:00PM-2:00PM	Light Lunch
	3:00PM-5:00PM	Uttaradhyayan Sutra by Samani Unnata Pragyaji. <ul style="list-style-type: none"> Did you ever think Bhagawan had a special gift for you which you forgot to open? Guess what? Yes, there is something special. We will explore that special, philosophy of life through this scripture. It is believed to be the last discourse of Bhagawan. It is never too late to open the gift wrapper and enjoy it. Life is a complex component, let us make it simple. Carry home a gift band as a reminder tool for a spiritual day.
		Levels of Existence by Samani Ramaniya Pragyaji. <ul style="list-style-type: none"> We exist as human beings and as divine souls. How does these two interact? What are different layers of existence between the two? How we interact within our self? What is within us which reflects externally? What is the process of this? You have a special offer to get rid of all papa/ sins/ impurities in just 10 mins. Special self-analysis session to explore and bid good bye to 18 sins and worries of life.
	5:00PM – 6:00PM	Tea & light snack
	6:15PM-7:45PM	STHANAKVASI PRATIKAMAN
7:45PM	Temple announcements, Mangalik	
TUESDAY 3 Sept 2013 Swadhyaya : read scriptures	10:00AM-11:30AM	DISCOURSE : Continuation of Kalpa Sutra & Uvasaggahar by samanijis
	11:30AM	Aarti, Mangal Divo, Mangalik
	7:00PM-8:00PM	TERAPANTHI PRATIKAMAN with SAMANIJI
	8:00PM-9:30PM	Self Analysis, Levels of Existence DISCOURSE : Continuation of Uttaradhyayan Sutra by samanijis
	9:30PM	Temple announcements, Arti, Mangalik

WEDNESDAY 4 Sept 2013 Khadya sayam : practice fasting	7:00PM-8:00PM	BHAV PRATIKAMAN
	8:00PM-9:30PM	Self-Analysis, Levels of Existence DISCOURSE : Continuation of Uttaradhyayan Sutra
	9:30PM	Temple announcements, Mangalik
THURSDAY 5 Sept 2013 Maun: Practice silence	10:00AM-11:30AM	DISCOURSE : Continuation of Kalpa Sutra & Uvasaggahar by samanijs
	11:30AM	Aarti, Mangal Divo, Mangalik
	6:30PM-8:00PM	DERAVASI PRATIKAMAN
	8:00PM-9:30PM	Self Analysis, Levels of Existence DISCOURSE : Continuation of Uttaradhyayan Sutra
	9:30PM	Temple announcements, Mangalik
FRIDAY 6 Sept 2013 Anuvrat : practice some resolutions	7:00PM-8:00PM	STHANAKVASI PRATIKAMAN
	8:00PM-9:30PM	Self Analysis, Levels of Existence DISCOURSE : Continuation of Uttaradhyayan Sutra by samanijs
	9:30PM	Temple announcements, Mangalik
SATURDAY 7 Sept 2013 Jaap : practice chanting (we can have a full day Jaap from sunrise to sun set on Saturday, two people committing for each hour.)	9:00AM – 10:00AM 9:30 AM- 10:45 AM	Digambar puja Mulnaik Mahavirswami Pakshal Chandan Puja followed by Chaitaya Vandan
	11:00AM – 12:30PM	Continuation of Kalpa Sutra & Uvasaggahar by samanijs
	12.30PM-12.45PM	Temple announcements, Arti, Mangal Devo, Mangalik
	1:00PM-2:00PM	Light Swamivatsalya Lunch
	3:00PM-5:00PM	Quiz Activity with Samaniji Do you know your temple? Have you ever prepared value recipe? Do you want to test your friends? Join the quiz !!
	5:15PM-6:15PM	Tea, Light Snack
	6:30PM-7:30PM	TERAPANTHI PRATIKAMAN with Samanijs
	7:30PM	Temple announcements, Mangalik
SUNDAY 8 Sept 2013 Dhyan : practice meditation	9:00AM – 10:00AM 9:30AM- 10:30AM	Digambar puja Mulnaik Mahavirswami Pakshal Chandan Puja followed by Chaitaya Vandan
	10:30AM – 11:00PM	Swapana Darshan
	11:00AM – 11:45PM	Children with samanij Unnata Pragyaji
	11:00AM – 12:30PM	Continuation of Kalpa Sutra & Uvasaggahar by samanijs
	12:30PM-1:00 PM	Final adesh of Digambar pratimaji, temple announcements, Arti, Mangal Devo & Mangalik
	1:00PM-2:30PM	Swamivatsalya Bhojan – Sponsors Rekha-Ramesh, Sandip-Charu Jain, Meeta-Rajan, Siddhartha-Dipti shah
	3:00PM-5:00PM	Discover your dream world by Samani Ramaniya pragyaji
	5:15PM-6:15PM	Tea, Light Snack
	6:30PM-7:30PM	BHAV PRATIKAMAN
	7:30PM	Temple announcements, Mangalik

<u>SAMVATSARI DAY</u>		
MONDAY 9 Sept 2013 Kshama: practice forgiveness	9:00AM – 10:00AM	Digambar puja
	9:30AM- 10:45AM	Mulnaik Mahavirswami Pakshal Chandan Puja followed by Chaitaya Vandan
	11:00AM – 12:30PM	<u>Kshamapana</u> Lecture by Samanijis
	12.30PM-1:00PM	Temple announcements, Arti, Mangal Devo, Mangalik
	1:00PM-2:00PM	NO LUNCH, Boiled water provided
	2:00PM-3:30PM	Adhyatmapadavali : Explore the self & non-self with Samanij
	4:00PM-5:00PM	Aloyana/Kshamanpana
	6:00PM-9:00PM	<u>DERAVASI SAMVATSARI PRATIKAMAN</u>
7:00PM-8:30PM	<u>ENGLISH PRATIKAMAN FOR YOUNG ADULTS & KIDS</u>	
9:00PM	Temple announcements, Mangalik,Sakal sangh Micchami Dukkadam	
DAS LAXANA PARVA PROGRAM		
SEPT 9 – SEPT 18		
9 Sept MONDAY		First Day of Das Laxana - Kshamapana
14 Sept SATURDAY	10:00AM-12:00PM	Digambar puja
15 Sept SUNDAY	9:00AM-10:00AM	Swetamber Pakshal, Chandan puja
	10:00AM-11:15AM	Digambar puja
	11:15AM-12:30AM	Satsang with Mahendrabhai Shah
	12:30PM-1:00PM	Temple announcements, Arti, Mangal Devo, Mangalik
	1:00PM-2:00PM	Lunch sponsored by Digambar family
18 Sept WEDNESDAY	9:30AM-11:00AM	Digambar puja (Last Day of Das Laxana Parva)